Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ARMS Notes**

What does ARMS stand for?

A \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

R \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

M \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

S \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Add:

* When do we add to a piece of writing?
  + If your piece it is so short it **\_\_\_\_\_\_\_ \_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_**, add.
  + If your audience could be**\_\_\_\_\_\_\_\_\_\_\_\_\_\_**, add.
  + If your paragraphs are **less than \_\_\_\_\_\_\_ sentences**, add.
  + If you know **you can make \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_**, add.

Remove:

* When do I remove a word, phrase, or sentence from my writing?
  + If it does **not move the piece ­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_**, remove.
  + If it is \_\_\_\_\_\_\_\_\_\_\_ **or \_\_\_\_\_\_\_\_\_\_**, remove.
  + If you added an **\_\_\_\_\_\_\_\_\_ word** on accident, remove.
  + If you have already said something else **very \_\_\_\_\_\_\_\_\_**, remove.

Move:

* When do I move a word, phrase, or sentence?
  + If it is in the **\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_**, move.
  + If it would make **more \_\_\_\_\_\_\_\_\_** somewhere else, move.
  + If you accidently **mixed up the \_\_\_\_\_\_\_\_\_\_** of words, move.

Substitute:

* When do I substitute words?
* If you used a **\_\_\_\_\_\_\_\_\_\_\_ word** (sad, ran, or cool), substitute.
* If there is a **more \_\_\_\_\_\_\_\_\_\_ word** you can use, substitute.
* If you used the **\_\_\_\_\_\_ word** on accident (then vs. than), substitute.

\*Write down one boring word and an exciting word you could replace it with on your post-it note.