“Greetings and Thanks to the Natural World”

-A daily thanksgiving inspired by the Onondaga Nation, Haudenosaunee

[www.onondaganation.org](http://www.onondaganation.org)

GREETING and THANKS

to each other as people

TO THE EARTH

mother of all

greetings and thanks

to all the waters

WATERFALLS & RAIN

RIVERS & OCEANS

greetings and thanks

to all the

FISH LIFE

GREETING AND THANKS

the grains and greens

BEANS & BERRIES

as one we send thanks

to FOOD PLANTS

MEDICINE HERBS

of the world

and their keepers

GREETINGS AND THANKS

TO ALL ANIMALS

& their teachings

greetings & thanks

THE TREES

for shelter & shade

fruit & beauty

greetings & thanks

TO ALL BIRDS

large and small

joyful greetings & thanks

and from the four directions

THE FOUR WINDS

thank you for purifying the air

we breathe and

giving us strength

GREETINGS

THE THUNDERERS

our grandfathers

in the sky

We hear your voices

GREETINGS & THANKS

and now THE SUN

for the light of a new day

and all the fires of life

GREETINGS AND THANKS

to our oldest grandmother

THE MOON

leader of women

all over the world

AND THE STARS

for their mystery

beauty & guidance

GREETINGS & THANKS

TO OUR TEACHERS

from all times

reminding us of how

to live in harmony

GREETING AND THANKS

AND FOR ALL

the gifts of creation

for all the love

around us

GREETINGS & THANKS

And for that

which is forgotten

WE REMEMBER

WE END OUR WORDS

NOW OUR MINDS ARE ONE