

“Greetings and Thanks to the Natural World”

-A daily thanksgiving inspired by the Onondaga Nation, Haudenosaunee

www.onondaganation.org

GREETING and THANKS
to each other as people

TO THE EARTH
mother of all
greetings and thanks

to all the waters
WATERFALLS & RAIN
RIVERS & OCEANS
greetings and thanks

to all the
FISH LIFE
GREETING AND THANKS

the grains and greens
BEANS & BERRIES
as one we send thanks
to FOOD PLANTS

MEDICINE HERBS
of the world
and their keepers
GREETINGS AND THANKS

TO ALL ANIMALS
& their teachings
greetings & thanks

THE TREES
for shelter & shade
fruit & beauty
greetings & thanks

TO ALL BIRDS
large and small
joyful greetings & thanks

and from the four directions
THE FOUR WINDS
thank you for purifying the air
we breathe and
giving us strength
GREETINGS

THE THUNDERERS
our grandfathers
in the sky
We hear your voices
GREETINGS & THANKS

and now THE SUN
for the light of a new day
and all the fires of life
GREETINGS AND THANKS

to our oldest grandmother
THE MOON
leader of women
all over the world

AND THE STARS
for their mystery
beauty & guidance
GREETINGS & THANKS

TO OUR TEACHERS
from all times
reminding us of how
to live in harmony
GREETING AND THANKS

AND FOR ALL
the gifts of creation

for all the love
around us
GREETINGS & THANKS

And for that
which is forgotten
WE REMEMBER

WE END OUR WORDS
NOW OUR MINDS ARE ONE