There is what I would call the hero journey, the night sea journey, the hero quest, where the individual is going to bring forth in his life something that was never beheld before.

- Joseph Campbell
Stages of “The Hero’s Journey”

- Start
  - The Ordinary World

- The Call to Adventure

- Entering the Unknown

- Supreme Ordeal

- Road of Trials

- Supernatural Aid/Meeting with the Mentor/Allies and Helpers

- Magic Flight/Confronting the Father/Restoring the World

- End
Writing “The Hero’s Journey”

Directions:

• Write a story about a character that goes on a Hero’s Journey. Use the organizers provided for you to layout the paragraphs, events, and characters of your story.

• As you write your story, refer to your notes about the structure of “The Hero’s Journey”.

• Follow the outline from your packet to guide your writing.

• Show, don’t tell. (Use dialogue and vivid or concrete details.)

• Write at least 9 paragraphs. (This includes all the stages of the Hero’s Journey plus an introduction and conclusion.)

• Use the checklist and rubric to ensure that you include all that is required to make your story engaging and organized.

• Check your writing for:
  o Spelling
  o Capitalization of proper nouns
  o Capitalization of the beginning of sentences
  o Punctuation
  o Indentation of each new paragraph
  o Interesting word choice
  o See the rubric for more details of expectations.
My Notes About “The Hero’s Journey”

Directions: As you view the PowerPoint, take notes on the different stages of “The Hero’s Journey”. This will help you in the different steps of writing your hero’s journey.

What is the Hero’s Journey? ________________________________
________________________________________________________________________
________________________________________________________________________

What makes a myth? ________________________________________
________________________________________________________________________
________________________________________________________________________

Why do myths matter? _______________________________________
________________________________________________________________________
________________________________________________________________________

Take notes on the stages of “The Hero’s Journey”:

Ordinary World: ____________________________________________
________________________________________________________________________

Call to Adventure: __________________________________________
________________________________________________________________________
Entering the Unknown: ________________________________________________________________

Supernatural Aid/Meeting with Mentor/Allies and Helpers: __________________________
________________________________________________________________________________

Road of Trials: __________________________________________________________________
________________________________________________________________________________

Supreme Ordeal: ________________________________________________________________
________________________________________________________________________________

Magic Flight: ____________________________________________________________________
________________________________________________________________________________

Confronting the Father: _________________________________________________________
________________________________________________________________________________

Restoring the World: ____________________________________________________________
________________________________________________________________________________
The Hero’s Journey Stages

The Ordinary World:
Heroes live in a world that is considered ordinary or uneventful by those who live there. The people who live there often consider the heroes odd. The heroes possess some ability or characteristic that makes them feel out-of-place.

The Call to Adventure:
Usually there is a discovery, some event, or some danger that starts them on a heroic path. Heroes find a magic object or discover their world is in danger. In some cases, heroes happen upon their quest by accident.

Entering the Unknown:
As heroes start their journeys, they enter a world they have never experienced before. It might be filled with supernatural creatures, breathtaking sights, and the constant threat of death. Unlike the heroes’ homes, this outside world has its own rules, and they quickly learn to respect these rules as their strength and courage are tested time and time again.

Supernatural Aid/Meeting with the Mentor/Allies and Helpers:
Supernatural does not have to mean magical. Supernatural means “above the laws of nature.” Heroes are almost always started on their journey by a character who has mastered the laws of the outside world and come back to bestow wisdom upon them. This supernatural character often gives them the means to complete the quest. The gift can be something as simple as wisdom, or it can be an object with magical powers; however, no matter what the gift is, it is always something the hero needs to succeed.
Every hero needs a helper, or sidekick. Most heroes would fail miserably without their helpers.

**Road of Trials:**

The road of trials is a series of tests or tasks that the person must go through to begin a transformation. Often, the person fails one or more of these tests, which often occur in threes. The heroes progress through a series of tests, or a set of obstacles that make them stronger, as they prepare for their final showdown.

**Supreme Ordeal:**

The Supreme Ordeal is the obstacle that the heroes have journeyed so far to overcome. All the heroes’ training and toil comes into play now. The journey has hardened them, and it is time for the show. Once the obstacle is overcome, the tension will be relieved. The worst has passed, and the quest, while not officially over, has succeeded.

**Magic Flight:**

After the heroes have completed the Supreme Ordeal and have the reward firmly in hand, all that is left for them is to return home. Just because the journey has passed does not mean that the return journey will be smooth sailing. There are still obstacles on the return home to overcome. At some point, the hero must often escape with the reward. This can sometimes take the form of a chase or a battle.

**Confronting the Father:**

In this step, the heroes must confront whatever holds the ultimate power in his or her life. In many myths and stories, this is the father, or father figure, who has life and death power. Although this stage is often an encounter with a male, it does not have to be a male, just someone or something with incredible power.
Restoring the World:

Success on the heroes’ quests is life-changing, for them and for many others. By achieving victory, they have changed or preserved their original world. Often, they return with an object or personal ability that allows them to save their world.

The heroes have also grown in spirit and strength. They have proved themselves worthy for marriage, kingship, or queenship. Their success in the supernatural worlds allows them to return and be heroes in their own world.
Guided Practice:

Directions: We will read “The Golden Touch” together as a class. We will identify the different stages of “The Hero’s Journey” and highlight where we find the stages in the story. We will make notes in the margins to label which stage of “The Hero’s Journey”. Take bulleted notes on this page.

Ordinary World: ______________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

Call to Adventure: ____________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

Entering the Unknown: ________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

Supernatural Aid/Meeting with the Mentor/Allies and Helpers: __________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
Road of Trials: __________________________________________________________ 
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

Supreme Ordeal: _______________________________________________________ 
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

Magic Flight: __________________________________________________________ 
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

Confronting the Father: _________________________________________________ 
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

Restoring the World: ____________________________________________________ 
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
Independent Practice

Directions: Read “The Golden Key” and identify the different stages of “The Hero’s Journey” you find in the story. Highlight the parts of “The Hero’s Journey” in the story and create a tab with a post-it note to label which stage it is. I will do the first one with you.

Ordinary World: ______________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________  

Call to Adventure: _____________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________  

Entering the Unknown: _________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________  

Supernatural Aid/Meeting with the Mentor/Allies and Helpers: ____________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________  

I will do the first one with you.
Road of Trials: 

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Supreme Ordeal: 

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Magic Flight: 

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Confronting the Father: 

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Restoring the World: 

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
Show, Don’t Tell

Directions: Use this page to take notes on “show, don’t tell”.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
Thoughts and Ideas

Directions: You will need at least one full paragraph for each stage in your story. (You may write more paragraphs than this. I know many of you will!) Use this page to begin planning and laying out your paragraphs.

Introduction:

______________________________________________________

______________________________________________________

______________________________________________________

The Ordinary World:

______________________________________________________

______________________________________________________

______________________________________________________

The Call to Adventure:

______________________________________________________

______________________________________________________

______________________________________________________
Entering the Unknown:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Supernatural Aid/Meeting with the Mentor/Allies and Helpers:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Road of Trials:

________________________________________________________________________
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________________________________________________________________________

Supreme Ordeal:

________________________________________________________________________
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Magic Flight:

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Confronting the Father:

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Restoring the World:

________________________________________________________________________
________________________________________________________________________
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________________________________________________________________________

Conclusion:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
My Hero’s Journey Checklist

I’ve thought about and planned for:

______ My Hero – Who is your hero? How do readers meet the hero?

______ The Ordinary World – What is the setting at the beginning?

______ The Call to Adventure – How is your hero started on his or her journey?

______ The Supernatural World – What kind of place is the new world going to be?

______ The Allies – Who will be helping your hero along the way?

______ The Road of Trials – What obstacles is your hero going to encounter?

______ The Supreme Ordeal – What is going to be the climax of your story?

______ The Return – How is your hero going to get home? What happens once he or she is home?
  - The Magic Flight
  - Confronting the Father
  - Restoring the World

______ Theme – What is the big idea or lesson of your story?